

LET'S DO LUNCH AT THE SEVEN OAKS HOTEL

Served Monday to Saturday from 12.30pm to 4pm

To START

Homemade Soup of The Day served with Homemade Brown Soda Bread (1,7,12) €7.95

Seven Oaks Seafood Chowder served with Homemade Brown Bread (1,2,4,7,9,12,14) €9.95

Deep Fried Button Mushrooms coated in Breadcrumbs and served with Garlic €11.95

Mayonnaise (1,3,7,12)

Spicy Glazed Chicken Wings topped with Sesame Seeds and served with a Blue €11.95 Cheese Dip (3,7,11)

Chicken Liver Pate served with a Berry Compote and Toasted Sourdough (1,7,12) €12.95

CHEF'S SIGNATURE SANDWICHES

Ploughman's Panini – Ham, Cheese, Red Onion and Tomato Relish (1,7,11,12) €12.50

Open Egg Salad Sandwich on Homemade Brown Bread topped with Smoked Paprika (1,3,7,12) €12.50

Smoked Bacon and Chicken Pesto Ciabatta – Garlic Roasted Cherry Tomatoes, €12.50 Pesto Mayonnaise in Ciabatta Bread (1,3,7,12)

Spice Bag Chicken Wrap – Crispy Chicken with Shredded Carrot, Onion, Red Pepper and Chips Tossed in Spices (1,3,7,12) €12.50

Toasted Sourdough with Roast Vegetables, Buffalo Mozzarella, Garlic and Basil €16.00 Pesto (1,3,7,11,12)

All the above served with a cup of Soup (1,7,12) or French Fries (12)

SALAD DISHES > ! - !

Cajun Chicken Caesar Salad, Gem Lettuce, Crunchy Croutons topped with Parmesan Shavings (1,3,4,7,8,10,12) €14.50

Smoked Salmon, Avocado, Cucumber and Rocket Salad topped with Caper and Dill Dressing (4,12) €15.50



LUNCH SPECIAL

Homemade Sausage Roll Served with Tossed Salad, French Fries and Tomato €9.95 Relish (1,3,7,12)

Selection of Cold Meats and Salads (3,12) €14.75

MAIN COURSES



Stir Fry Vegetables in a Sweet Chilli Sauce served with Noodles (1,3,11,12) €19.95

Homemade Beef* Lasagne served with Garlic Bread, Coleslaw and French Fries (1,3,7,12) €21.95

Chicken and Mushroom Vol-au-Vent served with Tossed Salad and French Fries €21.95 (1,3,7,12)

Deep Fried Plaice coated in Breadcrumb served with Tossed Salad, Tartar Sauce €21.95 and Fries (1,3,4,7,10,12)

Savoury Beef* and Carlow Ale Pie served with Fresh Market Vegetables and Creamed Potato (1.3,7,10,12) €22.95

Today's Joint of the Day served with Fresh Market Vegetables and Creamed
Potato (1,3,4,7,10,12)
€21.95/

Chicken and Spanish Chorizo Tagliatelle in a Fresh Tomato and Herb Sauce served with Garlic Bread (1,3,7,12) €21.95

<<< ENJOY YOUR MEAL >>>

Allergens:

1. Gluten; 2. Crustaceans; 3. Eggs; 4. Fish; 5. Peanuts; 6. Soybeans; 7. Dairy; 8. Nuts; 9. Celery; 10. Mustard; 11. Sesame Seeds; 12. Sulphur Dioxide & Sulphites; 13. Lupin; 14. Mollusc



^{*}All our Beef is of Irish Origin