SEVEN OAKS
HOTEL & LEISURE CLUB

Let's Do Lunch at the Seven Oaks Hotel

Served Monday to Saturday from 12.30pm to 4pm

To Start

Homemade Soup of The Day served with Homemade Brown Soda Bread (1,7,12)	**€7.95**
Seven Oaks Seafood Chowder served with Homemade Brown Soda Bread (1,2,4,7,9,12,14)	**€9.95**
Deep Fried Irish Brie served with Pear Puree, Berry Compote and an Orange Sauce topped with Rocket Salad and Sugared Crushed Walnuts (1,3,7,12)	**€10.95**
Deep Fried Button Mushrooms coated in Breadcrumbs and Served with Garlic Mayonnaise (1,3,7,12)	**€12.95**

Chef's Signature Sandwiches

Ploughman's Panini – Ham, Cheese, Red Onion and Tomato Relish (1,7,11,12)	**€13.50**
Spice Bag Chicken Wrap – Crispy Chicken with Shredded Carrot, Onion, Red Pepper and Chips Tossed in Spices (1,3,7,12)	**€13.50**
Toasted Sourdough with Roast Vegetables, Buffalo Mozzarella, Garlic and Basil Pesto (1,3,7,11,12)	**€16.00**

All the above served with a cup of Soup (1,7,12) or French Fries (12)

Salad Dishes

Cajun Chicken Caesar Salad, Gem Lettuce, Crunchy Croutons topped with Parmesan Shavings (1,3,4,7,8,10,12)	**Starter -**	**€12.95**
	Main Course -	**€15.50**
Smoked Salmon, Avocado, Cucumber and Rocket Salad topped with Caper and Dill Dressing (4,12)		**€16.50**

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LUNCH SPECIALS

Homemade Sausage Roll Served with Tossed Salad, French Fries and Tomato Relish (1,3,7,12)	**€10.95**
Chicken Marinated in Parmesan and Buttermilk, Panfried with Bacon Bits, Parmesan, Cos Lettuce and Caesar Dressing in a Brioche Bun Topped with Croutons (1,3,7,12) – Served with a cup of Soup (1,7,12) or Fries (12)	**€15.95**
Steak Sandwich with Pepper Mayonnaise, Onion Rings and Cos Lettuce Served with Fries (1,3,7,12)	**€19.50**

MAIN COURSES

Deep Fried Fillet of Plaice coated in Breadcrumbs and served with Tossed Salad, Tartar Sauce and Fries (1,3,4,7,12)	**€21.95**
Savoury Beef and Carlow Ale Casserole served with Potatoes and Fresh Market Vegetables (7,12)	**€22.95**
Roast Vegetable Curry served with Steamed Rice and Poppadom (5,10,12)	**€20.95**
Add Chicken –	**€22.95**
Chicken and Mushroom Vol-au-Vent served with Tossed Salad and Fries (1,3,7,12)	**€21.95**
Today's Joint of the Day served with Fresh Market Vegetables and Creamed Potato (1,4,7,10,12)	**€22.95/ €23.95**

All our Beef is of Irish Origin

<<< ENJOY YOUR MEAL >>>

Allergens:

1. Gluten; 2. Crustaceans; 3. Eggs; 4. Fish; 5. Peanuts; 6. Soybeans; 7. Milk; 8. Nuts; 9. Celery; 10. Mustard; 11. Sesame Seeds; 12. Sulphur Dioxide & Sulphites; 13. Lupin; 14. Mollusc

carlow
we love our food